

Athlete and Parent Agreement Form

I have attended the San Diego Adaptive Sports Foundation's mandatory Parent and Athlete Meeting. I fully understand the information presented in the meeting and will do my best ability abide by the policies and procedures, philosophies and code of conduct discussed at the meeting. Furthermore as an athlete of a San Diego Hammer Team I/Parent understand that it is my/my child's responsibility to:

- Attend 2 x week practices (unless previously arranged differently by coaches and SDASF Executive Director)
- Be on time for practices and team events. Practices start promptly when the Coach blows the whistle
- Keep in good contact with the Coach regarding absences, tardiness, or problems.
- Maintain a 2.0 GPA average or present a plan on how grades will improve.
- Demonstrate good sportsmanship towards teammates and competitors
- Participate in BB camps to improve self as an athlete and as a team member
- Demonstrate respect and courtesy towards others (i.e. management, coaches teammates, competitors and parents)
- Represent self, team and SDASF in a positive manner
- Participate in a majority of SDASF fundraisers, demos, etc.
- Attend a majority of the local and out of town team tournaments
- Adhere to the policy and procedures set forth by SDASF
- Refrain from drug and alcohol use while participating in SDASF programs

Violating any of the set forth polices and procedures may result in consequences including but not limited to:

- A time out
- A verbal warning
- Immediate removal from a team practice
- Receiving a behavior contract
- Decreased playing time at team competitions
- Suspension from the team for a designated period of time
- Permanent dismissal from team and SDASF programs

Athlete Name: _____ **Date:** _____
(Please print)

Athlete Signature: _____

Parent Name: _____ **Date:** _____
(Please print)

Parent Signature: _____