



NORTH COUNTY FUTURES

Wheelchair Rugby

WHAT: Participants will learn ball handling skills, enhance wheelchair maneuvering skills, learn the basic rules of wheelchair Rugby including offensive and defensive strategies, improve physical fitness, and have fun!

WHO: Children ages 4-9 years old with a physical disability (ie: spina bifida, cerebral palsy, amputee, spinal cord injury, or other orthopedic impairment). Children do not need to use a wheelchair on a daily basis to be eligible to play. Children should be able to propel a wheelchair independently and follow directions.

WHEN: Practice held on Fridays 6:00 pm – 7:30 pm

START: Friday, February 3 – March 23, 2012

WHERE: Boys and Girls Club of Vista
410 W. California Ave., Vista, CA 92083

COST: \$75 for the season
* scholarships available

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