



San Diego

FUTURES

Wheelchair Rugby

WHAT: Participants will learn ball handling skills, enhance wheelchair maneuvering skills, learn the basic rules of Wheelchair Rugby including offensive and defensive strategies, improve physical fitness, and have fun!

WHO: Children ages 4-9 years old with a physical disability (ie: spina bifida, cerebral palsy, amputee, spinal cord injury, or other orthopedic impairment). Children do not need to use a wheelchair on a daily basis to be eligible to play. Children should be able to propel a wheelchair independently and follow directions.

WHEN: Practice held on Saturdays
10:00 am-11:30 am

COST: \$75 (per 8 week season)
* scholarships available

START: Saturday, February 4 – March 24, 2012

WHERE: Presidio Recreation Center
2811 Jackson Street, San Diego, CA 92110

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To sign up: call or email Jazmin Garcia: jazmin@sdasf.org (619) 336-9571